

# Gold Wing Road Riders Association Northeast Region



## THE GREEN TEAM CHAPTER NH G



2011

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Chapter G website [www.gwrranhg.org](http://www.gwrranhg.org)

NH District website [www.gwrranh.org](http://www.gwrranh.org)

Monthly Get Together every second Sunday of the month at **THE FAMILY TREE RESTAURANT 927 Laconia Rd (Route 3) Tilton - 8:30am unless otherwise noted.**

**Breakfast and Get Together January 9th**

**See you at The Family Tree,**



## Chapter Director Words

The New Year is upon us, and Denise and I hope that everyone had a wonderful holiday season and now that January is here, we can hope for an early spring to get out and ride again.

We will be having our first monthly gathering on Sunday January 9<sup>th</sup> at the Family Tree Restaurant and one of the subjects to be brought up at the meeting will be the upcoming schedule for rides, dine-outs, events etc. If there is somewhere that you would like to ride to, a place to have a dine-out or an event that you would like to see the chapter participate, please bring these ideas to the meeting or you can email them to me at

[nhg-gwrra@hotmail.com](mailto:nhg-gwrra@hotmail.com) and I will bring them up when we will meet to make the schedule for the for the upcoming 2011 season.

For those who did not know, Mark Perkins had bariatric surgery on Dec 13<sup>th</sup> at Portsmouth Hospital and is home resting comfortably until the end of January when he will return to work.

I visit with him on a weekly basis, and each week, I see a remarkable difference in his weight loss and I can't wait until all of the chapter members can see the "new" Mark.

He is excited about the upcoming riding season and living a healthier lifestyle. Good luck Mark. Also, I had the honor to be asked, and have accepted the appointment of Member Enhancement Coordinator for the NH District. I am excited about this appointment and will work hard to increase the membership of all the chapters in our district. I took this position with the understanding that I could continue to be Chapter G's Director. This is my home and I am proud to be your director.

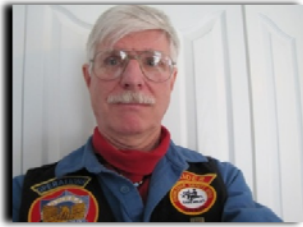
Denise and I went to the Family Tree for breakfast this morning, 1/2/11 and as we drove in, what was parked but a new goldwing trike. I met the owner, Ken Couch from Pembroke and he is a GW member. Ken previously had a Harley Trike, and has traveled extensively throughout the country. I invited him to join us at our get together.

Hope to see you all on the 9<sup>th</sup>, and bring your ideas for the riding season with you.

Ed Heath  
Chapter Director

# Rider Education

## Trail Braking



Motorcycle riders are generally taught to do all of the braking before making a turn. This is generally good advice but there are times when it is necessary or even preferable to brake while entering a corner. This is commonly known as trail braking. Under braking a forward weight transfer causes the front end "to dive." This has the effect of reducing the rake and trail of the bike, which makes it want to turn quicker and with less effort. The benefits are obvious when trying to corner quickly. But it is a difficult skill to master and should be learned by gradually working up to a quick pace. The technique of slowly rolling on the Throttle while simultaneously slowly releasing the brake will keep the front end from "popping" up, allowing the traction to remain as constant as possible. Trail braking is not the same as braking once you are already in a corner. That has the opposite effect and actually makes the bike want to stand up. The specific point at which you release the brakes is less important than making sure that the release is slow and controlled.

An added benefit of trail braking is that if you are already on the brakes it can greatly decrease your stopping distance if you have to brake unexpectedly. Lee Park's Total Control ARC class teaches trail braking primarily for that purpose. If you are in a blind corner and suddenly see an obstacle, you want to be able to quickly brake, change your line through the turn to avoid the obstacle and resume riding safely. I use trail braking whenever I am entering a curve where I do not have line of sight through the whole curve.

By Michael P Goldsmith, Chapter Educator



## District Director message

Season's Greetings,

Dick and I would like to take the opportunity to wish all of you a Happy, Health New Year! Wow!! It is now 2011, another year over, it seems it was just yesterday when the year 2000 (Y2K) came about. How time flies.

We hope you enjoyed your holiday season, it is a wonderful time of year, but it is so busy, and now we are looking forward to what 2011 will bring. Dick came home from Rehab on December 21<sup>st</sup> and is now awaiting the next step in the knee saga, we will be seeing the surgeon this week and hopefully an appointment will be made to have his new prosthetic knee inserted. Our

hopes and prayers are that he will soon be healthy again, and able to ride our trike once more. It was wonderful to have him home for the Holidays, we enjoyed a wonderful Christmas with our family and got to visit with some of our GWRRA friends over New Years. It has given both of us some time to relax, and regain our strength before the next hospitalization and surgery. Last week, we also took the opportunity to go into Boston to see a Doctor at Mass General Hospital to get another opinion on Dick's options regarding the knee surgery. We want to thank all of you for your cards, visits, phone calls and the support you have given us over the last two months, your friendship is exactly what makes GWRRA the wonderful organization it is.

I was fortunate to be able attend the Christmas parties at NH-A, NH-E and NH-G, thanks so much for allowing me to share in your holiday fun. Each of the parties was wonderful, the food was always great, but the friendship is what it is all about. I am sorry I could not make it to NH-F and NH-K, but I want to thank you for inviting me and thanks to Ginny and Stan for their kind offer to stay overnight, but at the time, I was just unable to drive that distance. Hopefully we can visit NH-F and NH-K soon.

We have a few announcements regarding NH District Staff Changes. First we would like to offer our Congratulations on the appointment of Ed Heath as Member Enhancement Coordinator for NH. Mike and Nancy Mandell, Region Member Enhancement Coordinators and I are very pleased that Ed has accepted this important position on our District Team. We welcome him and know that he will do an outstanding job. We would like to offer our Congratulations to Bill and Dee Bascom for accepting the position of Chapter Directors of NH-F. We want to thank Bill and Juanita Rawlings for their leadership of NH-F, Bill and Juanita are both exploring new employment options and may be relocating out of state in the near future. We also wish to thank Sharon and Moe Bailey for their service to NH-E and look forward to seeing them at future NH-E events.

We will be holding a combined District meeting with Vermont on January 22, in Hanover NH, from 11:00 A.M. to 3:00 P.M. at Everything But Anchovies, Restaurant, 5 Allen St, Hanover, NH 03755, (603) 643-6135. Special thanks to Andy Tarbell for arranging our meeting location. We will be discussing important information regarding GWRRA compliance issues for 2011, and updating all our Officers with new information from the OCP, and year end financial reports.

To all of our snowbirds, who are traveling to warmer climates, for the next few months, or for a vacation enjoy yourselves, and stay safe, we look forward to seeing you again next spring. For those of you staying in the Northeast, remember all the safe winter driving tips we have learned through the years, and remember to be certain to remove all the snow and ice from your vehicle before driving away. For those of you who are trading your motorcycle for a skimobile, drive safe, and dress warmly.

EVERY DAY IS A GIFT!!!! WARM OR COLD, SUN OR SNOW LIVE, LOVE, LAUGH!!!

Until next month, Stay Warm

*Pat & Dick*



Hmmmm.. all members, associate members... and the entire human race, listen up! We ponder change. Change is something we can all depend on, no matter what. Change inspires us to look beyond ourselves in a moment's time. It causes disruption in the ordinary. Change may be difficult to accept, because it demands our attention. It also requires adaptability, and acceptance.

We each draw our own conclusion regarding any change; at home, work, within an organization, a community, the nation, and the world. How about the changes in the weather? We change our clothing. In spite of our resistance we change our age. We cannot stop change. We can change how we look at change. We can change our attitude. We can welcome and embrace changes. Or not and either way, you may just change your mind!!! Now you can just expect it will happen, so get used to the idea! We do know change is NEVER boring, and will always happen! It is something we can count on. You can depend on it!

Along the way... YOU might even find change **FUN, EDUCATIONAL**, you might make some new **FRIENDS**, and doing all that,, just be **SAFE!** **Happy New Year to you all!**

*Dave and Sue Perrin District Educators*



### Regional Notes:

See The Beacon <http://www.gwrra-northeastregion.org/node/39> for the Regional Newsletter

Ed & Dottie Bahrenburg  
Northeast Region Directors

### Special Days

#### Happy Birthday to;

Peg Ditillio 1/10  
Cheryl Hrasna 1/11  
Peter Venne 1/15  
Ernie Brown 2/10  
Donna Brown 2/26  
Linda Allard 2/27  
Nila Venne 2/27

#### Happy Anniversary to;

Don & Peg Ditillio 01/2  
Jim & Sue Venne 2/10

Please fill out an information sheet or send email to [gwrra-nhg@comcast.net](mailto:gwrra-nhg@comcast.net) so we can include your special day.

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